

## Psychology: Social Psychology – Social Learning Theory

### **A question of opportunities?**

The process of the social learning theory involves:

- ...an opportunity to observe aggression
- ...cognitive processes/mechanisms:
  - Perception of consequences
  - Self efficacy – the skills to handle a particular social situation
- ...an opportunity to perform the observed aggression (cognitive mechanisms)
- ...consequences
- ...further opportunities that occur or are created

Social psychological explains aggression as “the effect on others”.